

CATHOLIC SCHOOLS PRE-K LUNCH JANUARY 2020



	JANUARY 2020					
Monday	Tuesday	Wednesday	Thursday	Friday		
12/30	12/31	1/1	1/2	1/3		
NO SCHOOL	NO SCHOOL	NO SCHOOL	Chicken Nuggets with a Biscuit	Fresh Baked Cheese or Pepperoni Pizza		
			Ham & Cheese Sandwich	Ham & Cheese Sandwich		
			Steamed Carrots	Celery Sticks		
			Celery Sticks	Steamed Broccoli		
			Chilled Pears	Chilled Pears		
1/6	1/7	1/8	1/9	1/10		
Meatloaf Sandwich	Chicken Bacon Sandwich	Local Cape Cod Battered Fish with Garlic Breadstick	Tex-Mex Tortilla Soup with Scoops Tortilla Chips	Fresh Baked Cheese or BBQ Chicken Pizza		
Turkey & Cheese Sandwich	Turkey & Cheese Sandwich	Turkey & Cheese Sandwich	Turkey & Cheese Sandwich	Turkey & Cheese Sandwich		
Emoji Fries	Steamed Carrots	Mashed Potatoes	D (17 1::			
Three Bean Mozz. Salad	Three Bean Mozz. Salad	Caesar Salad	Roasted Zucchini Caesar Salad	Baby Carrots		
Applesauce	Applesauce	Chocolate Chip Cookie	Applesauce	Celery Sticks Applesauce		
		Applesauce	Appresauce	Applesauce		
1/13	1/14	1/15	1/16	1/17		
Chicken Nuggets	Cheesy Dunkers with	French Toast with Pork	Loaded Potato Soup	Fresh Baked Cheese or		
with Rice & Beans	Marinara Sauce and Caesar Salad	Sausage and Syrup	with Breadstick	Buffalo Chicken Pizza		
Italian Sandwich	Italian Sandwich	Italian Sandwich	Italian Sandwich	Italian Sandwich		
Steamed Carrots	Steamed Broccoli	Home Fries	Roasted Cauliflower	Cucumber Coins		
Celery Sticks	Baby Carrots	Baby Carrots	Tex-Mex Garbanzo Beans	Tex-Mex Garbanzo Beans		
Chilled Pears	Chilled Pears	Chilled Pears	Scooby Snacks Chilled Pears	Chilled Pears		
1/20	1/21	1/22	1/23	1/24		
	Chicken Patty Sandwich	Spaghetti with Meatballs	Tomato Soup and Grilled	Fresh Baked Cheese or		
NO SCHOOL		and Garlic Roll	Cheese Sandwich	Sausage, Onion & Pepper Pizza		
	Turkey & Cheese	Turkey & Cheese	Turkey & Cheese	T IZZU		
	Sandwich	Sandwich	Sandwich	Turkey & Cheese		
			Cyoyeet on C	Sandwich		
	Steamed Vegetable Blend	Baby Carrots	Cucumber Coins Steamed Corn	Pohy Comete		
	Black Bean & Corn Salad	Steamed Broccoli	Cheddar Goldfish Cracker	Baby Carrots Celery Sticks		
	Chilled Peaches	Chilled Peaches	Chilled Peaches	Chilled Peaches		
1/27	1/28	1/29	1/30	1/31		
Cheeseburger	Fajita Chicken with Rice & Beans	Baked Macaroni and Cheese with Dinner Roll	Picadillo (Cuban Chili) with Cornbread	1/2 DAY		
Ham & Cheese Sandwich	Ham & Cheese Sandwich	Ham & Cheese Sandwich	Ham & Cheese Sandwich			
Local Rhode Island	Baby Carrots	D 6	Side Salad			
Roasted Potatoes	Roasted Onions & Peppers	Pepper Strips	Steamed Green Beans			
Baby Carrots	Chilled Pears	Baked Beans Chilled Pears	Rice Krispies Treat			
Chilled Pears		Chined Pears	Chilled Pears			
		OFFERED DAILY 1% AND FAT FREE MILK CHEESE SANDWICH FRESH FRUIT				
PLEASE INFORM YOUR	SERVER OF ANY FOOD A		Menu items are subject	to change		
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CATHOLIC SCHOOLS BREAKFAST IN THE CLASSROOM PRE-K JANUARY 2020



Monday	JANUARY 2020					
12/30	Tuesday	Wednesday	Thursday	Friday		
12/30	12/31	1/1	1/2	1/3		
NO SCHOOL	NO SCHOOL	NO SCHOOL	Assorted Cereal	Assorted Muffins		
				OR		
			Whole Coming 1	Assorted Cereal		
			Whole Grain Cracker Applesauce Cup	A 1		
			100% Juice	Applesauce Cup		
116			1% or Fat Free Milk	100% Juice 1% or Fat Free Milk		
1/6	1/7	1/8	1/9	1/10		
Assorted Cereal	Banana Pancakes	Blueberry Waffles	Yogurt	Banana Zucchini		
	OD			Muffin		
	OR	OR	OR	OR		
Whole Grain Cracker	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal		
Fresh Whole Fruit	Fresh Whole Fruit	Encel Wil 1 E				
100% Juice	100% Juice	Fresh Whole Fruit 100% Juice	Whole Grain Cracker	Strawberry Cup		
1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	Fresh Whole Fruit	100% Juice		
		170 Of Pat Fiee Willik	100% Juice	1% or Fat Free Milk		
1/13	1/14	1/15	1% or Fat Free Milk 1/16	1/1-		
Assorted Cereal	Sausage & Mozzarella	Ham & Cheese	Cinnamon French Toast	1/17		
	Roll with Smart Balance	Flatbread	Chimamon Trench Toast	Blueberry Muffin		
	Buttery Spread	OR	OR	OR		
i i	OR	Assorted Cereal	Assorted Cereal	Assorted Cereal		
Whole Grain Cracker	Assorted Cereal			1 issorted cerear		
Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Whole Grain Cracker			
100% Juice	100% Juice	100% Juice	Peach Cup	Fresh Whole Fruit		
1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	100% Juice	100% Juice		
1/20	1/21	1/22	1% or Fat Free Milk 1/23	1% or Fat Free Milk		
)	Belvita Blueberry	Yogurt	Egg & Cheese Ciabatta	1/24		
NO SCHOOL	Breakfast Biscuit	8	255 & Cheese Claballa	Muffin of the Month		
	OR	OR	OR	OR		
	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal		
	Whole Grain Cracker	2002 12 18 11		1 1000 red Cercar		
	Fresh Whole Fruit	Whole Grain Cracker	Fresh Whole Fruit			
	100% Juice	Fresh Whole Fruit 100% Juice	100% Juice	Blueberry Cup		
	1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk	100% Juice		
1/27	1/28	1/29		1% or Fat Free Milk		
Assorted Cereal	Ham & Cheddar Cheese	Sausage & Cheese	1/30	1/31		
	Roll with Smart Balance	on Waffle Flatbread	Strawberry Pancakes	Yogurt		
	Buttery Spread	OR	OR	OD		
	OR	Assorted Cereal	Assorted Cereal	OR Assorted Cereal		
Granola Bites	Assorted Cereal		Colour	Assorted Cereal		
Fresh Whole Fruit	Fresh Whole Fruit	D 1 W 1 -	Whole Grain Cracker			
100% Juice	100% Juice	Fresh Whole Fruit	Fresh Whole Fruit	Honeydew Fruit Cup		
1% or Fat Free Milk	1% or Fat Free Milk	100% Juice	100% Juice	100% Juice		
	SERVER OF ANY FOOD AL	1% or Fat Free Milk	1% or Fat Free Milk	1% or Fat Free Milk		
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES Menu items are subject to change						