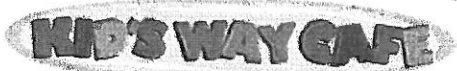


**CATHOLIC SCHOOLS  
PRE-K LUNCH  
JANUARY 2020**



<b>Monday</b> 12/30	<b>Tuesday</b> 12/31	<b>Wednesday</b> 1/1	<b>Thursday</b> 1/2	<b>Friday</b> 1/3
NO SCHOOL	NO SCHOOL	NO SCHOOL	Chicken Nuggets with a Biscuit  Ham & Cheese Sandwich  Steamed Carrots Celery Sticks Chilled Pears	Fresh Baked Cheese or Pepperoni Pizza  Ham & Cheese Sandwich  Celery Sticks Steamed Broccoli Chilled Pears
1/6	1/7	1/8	1/9	1/10
Meatloaf Sandwich  Turkey & Cheese Sandwich  Emoji Fries Three Bean Mozz. Salad Applesauce	Chicken Bacon Sandwich  Turkey & Cheese Sandwich  Steamed Carrots Three Bean Mozz. Salad Applesauce	Local Cape Cod Battered Fish with Garlic Breadstick  Turkey & Cheese Sandwich  Mashed Potatoes Caesar Salad Chocolate Chip Cookie Applesauce	Tex-Mex Tortilla Soup with Scoops Tortilla Chips  Turkey & Cheese Sandwich  Roasted Zucchini Caesar Salad Applesauce	Fresh Baked Cheese or BBQ Chicken Pizza  Turkey & Cheese Sandwich  Baby Carrots Celery Sticks Applesauce
1/13	1/14	1/15	1/16	1/17
Chicken Nuggets with Rice & Beans  Italian Sandwich  Steamed Carrots Celery Sticks Chilled Pears	Cheesy Dunkers with Marinara Sauce and Caesar Salad  Italian Sandwich  Steamed Broccoli Baby Carrots Chilled Pears	French Toast with Pork Sausage and Syrup  Italian Sandwich  Home Fries Baby Carrots Chilled Pears	Loaded Potato Soup with Breadstick  Italian Sandwich  Roasted Cauliflower Tex-Mex Garbanzo Beans Scooby Snacks Chilled Pears	Fresh Baked Cheese or Buffalo Chicken Pizza  Italian Sandwich  Cucumber Coins Tex-Mex Garbanzo Beans Chilled Pears
1/20	1/21	1/22	1/23	1/24
NO SCHOOL	Chicken Patty Sandwich  Turkey & Cheese Sandwich  Steamed Vegetable Blend Black Bean & Corn Salad Chilled Peaches	Spaghetti with Meatballs and Garlic Roll  Turkey & Cheese Sandwich  Baby Carrots Steamed Broccoli Chilled Peaches	Tomato Soup and Grilled Cheese Sandwich  Turkey & Cheese Sandwich  Cucumber Coins Steamed Corn Cheddar Goldfish Cracker Chilled Peaches	Fresh Baked Cheese or Sausage, Onion & Pepper Pizza  Turkey & Cheese Sandwich  Baby Carrots Celery Sticks Chilled Peaches
1/27	1/28	1/29	1/30	1/31
Cheeseburger  Ham & Cheese Sandwich  Local Rhode Island Roasted Potatoes Baby Carrots Chilled Pears	Fajita Chicken with Rice & Beans  Ham & Cheese Sandwich  Baby Carrots Roasted Onions & Peppers Chilled Pears	Baked Macaroni and Cheese with Dinner Roll  Ham & Cheese Sandwich  Pepper Strips Baked Beans Chilled Pears	Picadillo (Cuban Chili) with Cornbread  Ham & Cheese Sandwich  Side Salad Steamed Green Beans Rice Krispies Treat Chilled Pears	1/2 DAY
OFFERED DAILY 1% AND FAT FREE MILK CHEESE SANDWICH FRESH FRUIT				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	



**CATHOLIC SCHOOLS  
BREAKFAST IN THE CLASSROOM  
PRE-K  
JANUARY 2020**



Monday 12/30	Tuesday 12/31	Wednesday 1/1	Thursday 1/2	Friday 1/3
NO SCHOOL	NO SCHOOL	NO SCHOOL	Assorted Cereal	Assorted Muffins
			Whole Grain Cracker Applesauce Cup 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Applesauce Cup 100% Juice 1% or Fat Free Milk
1/6	1/7	1/8	1/9	1/10
Assorted Cereal	Banana Pancakes	Blueberry Waffles	Yogurt	Banana Zucchini Muffin
Whole Grain Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Whole Grain Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Strawberry Cup 100% Juice 1% or Fat Free Milk
1/13	1/14	1/15	1/16	1/17
Assorted Cereal	Sausage & Mozzarella Roll with Smart Balance Buttery Spread	Ham & Cheese Flatbread	Cinnamon French Toast	Blueberry Muffin
Whole Grain Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Whole Grain Cracker Peach Cup 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
1/20	1/21	1/22	1/23	1/24
NO SCHOOL	Belvita Blueberry Breakfast Biscuit	Yogurt	Egg & Cheese Ciabatta	Muffin of the Month
	OR Assorted Cereal Whole Grain Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Whole Grain Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Blueberry Cup 100% Juice 1% or Fat Free Milk
1/27	1/28	1/29	1/30	1/31
Assorted Cereal	Ham & Cheddar Cheese Roll with Smart Balance Buttery Spread	Sausage & Cheese on Waffle Flatbread	Strawberry Pancakes	Yogurt
Granola Bites Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Whole Grain Cracker Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	OR Assorted Cereal Honeydew Fruit Cup 100% Juice 1% or Fat Free Milk
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		Menu items are subject to change		