



**CATHOLIC SCHOOLS
LUNCH
JANUARY 2020**

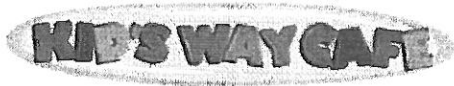


Monday 12/30	Tuesday 12/31	Wednesday 1/1	Thursday 1/2	Friday 1/3
NO SCHOOL	NO SCHOOL	NO SCHOOL	Chicken Nuggets with a Biscuit Ham & Cheese Sandwich Hummus Bento Box with Vegetables and Flatbread Steamed Carrots Celery Sticks Chilled Mixed Fruit	Fresh Baked Cheese Pizza Tuna Sandwich Hummus Bento Box with Vegetables and Flatbread Celery Sticks Steamed Broccoli Chilled Mixed Fruit
1/6	1/7	1/8	1/9	1/10
Meatloaf Sandwich Turkey & Cheese Sandwich Hummus Bento Box with Vegetables and Flatbread Emoji Fries Three Bean Mozz. Salad Applesauce	Chicken Bacon Sandwich Turkey & Cheese Sandwich Hummus Bento Box with Vegetables and Flatbread Steamed Carrots Three Bean Mozz. Salad Applesauce	Local Cape Cod Battered Fish with Garlic Breadstick Turkey & Cheese Sandwich Hummus Bento Box with Vegetables and Flatbread Mashed Potatoes Caesar Salad Chocolate Chip Cookie Applesauce	Tex-Mex Tortilla Soup with Scoops Tortilla Chips Turkey & Cheese Sandwich Southwest Chopped Salad with Breadstick Roasted Zucchini Caesar Salad Applesauce	Fresh Baked Cheese Pizza Tuna Sandwich Garden Salad with Breadstick Grape Tomatoes Celery Sticks Applesauce
1/13	1/14	1/15	1/16	1/17
Chicken Nuggets with Rice & Beans Italian Sandwich Hummus Bento Box with Vegetables and Flatbread Steamed Carrots Celery Sticks Chilled Pears	Cheesy Dunkers with Marinara and Caesar Salad Italian Sandwich Hummus Bento Box with Vegetables and Flatbread Steamed Broccoli Grape Tomatoes Chilled Pears	French Toast with Turkey Sausage Links and Syrup Italian Sandwich Ranchero Chicken Salad with Breadstick Home Fries Baby Carrots Chilled Pears	Loaded Potato Soup with Breadstick Italian Sandwich Ranchero Chicken Salad with Breadstick Roasted Cauliflower Tex-Mex Garbanzo Beans Scooby Snacks Chilled Pears	Fresh Baked Cheese Pizza Tuna Sandwich Garden Salad with Breadstick Cucumber Coins Tex-Mex Garbanzo Beans Chilled Pears
1/20	1/21	1/22	1/23	1/24
NO SCHOOL	Chicken Patty Sandwich Turkey Cranberry Salad on Ciabatta Hummus Bento Box with Vegetables and Flatbread Steamed Asian Veg. Blend Black Bean & Corn Salad Chilled Peaches	Spaghetti with Meatballs and Garlic Roll Turkey Cranberry Salad on Ciabatta Hummus Bento Box with Vegetables and Flatbread Baby Carrots Steamed Broccoli Chilled Peaches	Tomato Soup and Grilled Cheese Sandwich Turkey Cranberry Salad on Ciabatta Grilled Chicken Caesar Salad with Breadstick Cucumber Coins Steamed Corn Cheddar Goldfish Cracker Chilled Peaches	Fresh Baked Cheese Pizza Tuna Sandwich Garden Salad with Breadstick Grape Tomatoes Celery Sticks Chilled Peaches
1/27	1/28	1/29	1/30	1/31
Cheeseburger Ham & Cheese Sandwich Hummus Bento Box with Vegetables and Flatbread Local Rhode Island Roasted Potatoes Baby Carrots Chilled Mixed Fruit	Fajita Chicken with Rice & Beans Ham & Cheese Sandwich Hummus Bento Box with Vegetables and Flatbread Grape Tomatoes Roasted Onions & Peppers Chilled Mixed Fruit	Baked Macaroni and Cheese with Dinner Roll Ham & Cheese Sandwich Apple Kale Salad with Granola Pepper Strips Baked Beans Chilled Mixed Fruit	Picadillo (Cuban Chili) with Cornbread Ham & Cheese Sandwich Apple Kale Salad with Granola Side Salad Steamed Green Beans Rice Krispies Treat Chilled Mixed Fruit	1/2 DAY

OFFERED DAILY
1% AND FAT FREE FLAVORED MILK
SUN BUTTER & JELLY AND CHEESE SANDWICH
FRESH FRUIT

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES

Menu items are subject to change



**CATHOLIC SCHOOLS
BREAKFAST IN THE CLASSROOM
ELEMENTARY
JANUARY 2020**



Monday 12/30	Tuesday 12/31	Wednesday 1/1	Thursday 1/2	Friday 1/3
NO SCHOOL	NO SCHOOL	NO SCHOOL	88 Acres Bar	Assorted Muffin OR Assorted Cereal
			String Cheese Raisins 100% Juice 1% or Fat Free Milk	Applesauce Cup 100% Juice 1% or Fat Free Milk
1/6	1/7	1/8	1/9	1/10
Assorted Cereal	Powerberry Ciabatta with Smart Balance Buttery Spread OR Assorted Cereal	Blueberry Waffle OR Assorted Cereal	Yogurt OR Assorted Cereal	Banana Zucchini Muffin OR Assorted Cereal
String Cheese Craisins 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Strawberry Cup 100% Juice 1% or Fat Free Milk
1/13	1/14	1/15	1/16	1/17
88 Acres Bar OR Assorted Cereal	Sausage & Mozzarella Roll with Smart Balance Buttery Spread OR Assorted Cereal	Ham & Cheese Flatbread OR Assorted Cereal	Cinnamon Roll OR Assorted Cereal	Blueberry Muffin OR Assorted Cereal
String Cheese Raisins 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Whole Grain Cracker Peach Cup 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk
1/20	1/21	1/22	1/23	1/24
NO SCHOOL	Belvita Blueberry Breakfast Biscuit OR Assorted Cereal	Yogurt OR Assorted Cereal	Egg & Cheese Ciabatta OR Assorted Cereal	Muffin of the Month OR Assorted Cereal
	String Cheese Craisins 100% Juice 1% or Fat Free Milk	Granola Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Blueberry Cup 100% Juice 1% or Fat Free Milk
1/27	1/28	1/29	1/30	1/31
Nutri-Grain Bar OR Assorted Cereal	Ham & Cheddar Cheese Roll with Smart Balance Buttery Spread OR Assorted Cereal	Sausage & Cheese on Waffle Flatbread OR Assorted Cereal	Confetti Pancakes OR Assorted Cereal	Whole Grain Muffin OR Assorted Cereal
Granola Bites Raisins 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	String Cheese Fresh Whole Fruit 100% Juice 1% or Fat Free Milk	Honeydew Fruit Cup 100% Juice 1% or Fat Free Milk

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